



Cofinanciado por el
programa Erasmus+
de la Unión Europea



ERASMUS +

TRUE: Traditions and Rythms to Unite Europe.
Rumania: Craiova (3rd-10th November 2018)

Sunday, 4th November

It was our first Erasmus project with students, and we were delighted. In the morning, we went sightseeing in Bucharest, and, in the afternoon, we met teams from the other countries. Then, we set off for Brasov to see the Castle of Bran and learn about the vampires' legends.



Monday, 5th November

Barsov, Castle of Bran, meeting each other, making friends, talking, having fun, learning, sharing, working, laughing... We were together thanks to the project. Rumania turned out to be astonishing: breathtaking views, beautiful landscapes, warm people, and an excellent cuisine.

Besides, we learnt interesting historical facts of the area as they were celebrating the 100th anniversary of the country's unification.



- Tuesday, 6th November

Today, first day at Mircela Eliade school. The organisers, Lidia and Genoveva, carried out some workshops to present us the typical traditions, costumes and folklore. Students got to know their host families as well as attend classes.

In the afternoon, we went to a printing workshop, and the teachers met to organise everything related to the project.



- Wednesday, 7th November

We went to Horezu to see the process of making ceramic, which is quite a lot popular there, and we were lucky to try the authentic Rumanian food.



Thursday, 8th November

We visited the Ethnographic Museum in Craiova and we rehearsed our performance in the Arts School. Rumanian teachers were kind and they helped us a lot. Some of our students did a great job by translating conversations from Romanian to English. The aim of the project is to foster the exchange of traditions, music, languages, and folklore of the countries taking part in it; it seems the project is being successful.



- Friday, 9th November

There was a meeting for teachers before the farewell party and diplomas were given to students. Even though, farewells are sad, students had a lot of fun. Thanks to the Rumanian teachers and parents for being excellent hosts.



SPAIN: Cifuentes (18th-25th February 2019).

- Monday 18th February.

We were looking forward to welcoming our colleagues. We tried to show them the most significant aspects of our region. The first day they arrived at our high school; it was a pleasure. They took part in cultural activities about our region and walked around our village.



Tuesday, 19th February

Madrid: Palacio Real, Plaza Mayor, sightseeing the city, squid sandwiches. It was an exciting day because they learnt that they are able to take care of themselves as well as of others. They shared their lives with their new friends at the same time they visited Madrid. In the afternoon, thanks to [Pascual Piqueras Cabanillas](#) we could go to a lovely concert in the Music School in Guadalajara



Wednesday, 20th February

We spent this day in the high school. Pascual Piqueras held a musical workshop, dance classes with Patricia, bowling with the Retirement Association, games with the teachers, paella at the CEIP San Francisco, rehearsals for the good-bye party and a rondalla concert. Everyone did their best to make visitors feel comfortable.

Teachers also met to talk about the fulfilment of the project.



- Thursday, 21st February

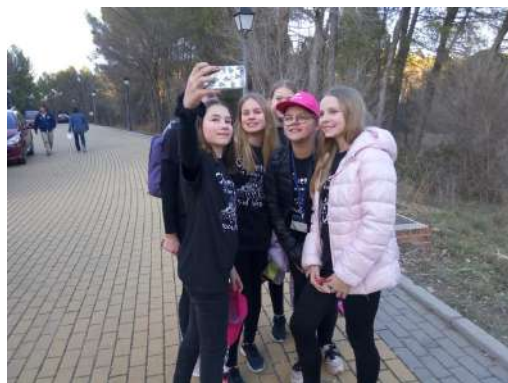
We visited the medieval town of Sigüenza where thanks to our Religion teacher, we could have a good time with the chorus and some of our students could even play music with the organ. As usual, the Nuclear Central of Trillo allowed students to go on a tour to learn a little bit about its running.

In the afternoon, the music band of Cifuentes gave us a little concert and we had dinner with our students' parents in the council building.



- Friday, 22nd February

We had a big party to celebrate the success of the Erasmus True Project Spain after our wonderful concert. We are pleased to have such great students, parents and teachers. Our village is wonderful.



FINLAND: Vuorentausta (11st-18th May 2019).

Sunday, 12th May

We went to Ylöjärvi by plane. We were very glad, and we didn't stop talking during the journey but as soon as we started to see the Black Sea, we took a lot of beautiful pictures. After landing in Helsinki. We headed to Tampere by train; the second most important city in Finland. Students couldn't wait for meeting their host families; they were excited! They asked many questions such as, 'will we like the food? Why are there showers in public toilets? Eventually, we got to Tampere where Mirja welcomed us. She was the teacher who had come to Cifuentes. Students met their host families and went with them to their houses which were nearby. The school was located in the neighbourhood of Ylöjärvi and families lived around the area.



Monday, 13th May

It was the first real day. A beautiful Finnish song welcomed us. We met our English, Italian, Rumanian, French and Finnish colleagues.

Firstly, Finnish students performed a play which was full of funny and comical anecdotes about the typical characters of Finns. Then, they showed us their high school as well as how life is there. They kept on telling us about their traditions such as taking off their shoes in the lobby. We were in the music classroom, the carpentry and dressmaking workshops, the library, classrooms, and of course, we also spent some time around the sports facilities.

Teachers met to plan activities whilst students chill out with their new friends. Finns are keen on sports and they take advantage of their school breaks to do it.

In the afternoon, students had time to get to know their host families more deeply whilst teachers went sightseeing in Tampere.



- Tuesday, 14th May

Music and nature were the themes of our workshops. '*Stand by me*' would become our soundtrack. Teachers and students played new instruments. Teachers became learners and students became teachers. We were challenged to play the ukulele, drums and piano.

After teamwork, we were rehearsing our performance for the last-day party. Cooperation was our motto and we all worked together by helping each other. We went to the forest. Vuorentausta's surroundings are natural and the school takes advantage of these impressive sceneries to carry out activities there. We all took part in mindfulness activities to know how to pull your weight when working in groups.

We were split into teams and the game started! Again, students had fun with their host families.



- Wednesday, 15th May

Again, another musical day! In the morning, we rehearsed our performance for the last day. We could make use of the three nice rooms in the school. Our students did their best to try to show their new friends their most typical music. After the great success of the mindfulness activities, we repeated.

They taught us new games and sports that they usually practice in the breaks at school. It was shocking that there were no fences or walls in the schoolyard (you can have a look at the pictures we attach). However, there is a little forest where teachers usually take their students to learn.

Before dinner, some teachers went to the Moomin Museum. There, we could learn about the origins of the amusing characters created by the illustrator and painter, Tove Jansson. In this museum, which all children should visit, you may want to gaze at original drawings, books, scenes...



Thursday, 16th May

Today has been a special day, full of emotions and new experiences. Our hosts gave us lots of surprises. We travelled from Vuorentaustan Koulu to Ylöjärvi to discover the best sights of the town which was founded in the second half of the 19th century. We visited the council building, the church and the library. There, we played a funny game which consisted of looking for a treasure. As you can assume, we worked in groups cooperatively to find gold coins. Of course, teachers also participated. Over the pirate adventure in the library, we found the Spanish literature section. There were books that had been given away by visitors.

Next, we headed to Tampere where we would visit the Museokeskus Vapriiki. It is a cultural space that counts on several museums. Again, we got involved in cooperative activities. After this busy morning, we needed a little of relax so, we took a sauna.

The day's climax was the performance of one of our host teachers. He is member of a band and we were lucky to listen their music. Thanks, Kimo! We felt as authentic Finnish. It was an unforgettable day!



Friday, 17th May

We said goodbye to our colleagues and their beautiful city, but we were glad because of the final gala. Finn students and teachers had been working on a big surprise for us. It was amazing! They used body parts as instruments, and once again, they made us feel excited!

After the applause, all countries performed, and we noticed how hard all our counterparts had worked for the previous months. Eventually, we all sang the Finnish song, and all students were given diplomas and certificates of participation.

Thanks to all the host teachers, families and students for helping us, showing us how their daily life is and taking care of us in such a welcoming way. Finally, thanks to the Erasmus + programme for allowing us to take part in such a cultural exchange.



ITALY: Naples (5th-12th October 2019).

Saturday, 5th October

After a long trip, we finally arrived in Naples where families were waiting for us at the airport. After discovering the sfogliatelle" and the "baba", it's time to rest.



Sunday, 6th October

It was a sunny morning of Sunday. We were about to meet our new mates for the first week whilst we waited for the rest to come. Next, we would get to know our host families as well as the city.



- Monday, 7th October

The Erasmus TRUE Italy week has already started!

Students, teachers and families from the high school Martin Luther King welcomed us. Firstly, in the morning, the Carabinieri's band gave a concert which we enjoyed a lot. After, we got engaged in workshops to make traditional hand-made products. In the meantime, teachers scheduled the activities we would do throughout the week.

Then, we had lunch at the school; next, we went sightseeing in Casoria and, finally, the school chorus sang for us.



Tuesday, 8th October

The morning started with a warm musical welcome in the primary school of Carducci. Then, we went on with handicrafts and science activities. Teachers tried to make the school look like a classical traditional trattoria, and fortunately, they got it!

Then, table talk time! We played a game 'the Neapolitan raffle' and we danced too! Some even dared to dance the 'Tarantella'. The day couldn't end better as we visited the Bosco di Capodimonte to enjoy the breathtaking views of the bay of Naples.





- Wednesday, 9th October

Casoria would be our next destination. We visited the Regione Campania, the regional government of this area which is down south in Italy. There, we learnt about the procedures to pass laws. After, we visited the historical areas of the city such as the National Archeological Museum; it was our first time in Pompeya. After a brief break eating street food, we visited a luthier where they explained how to make hand-made musical instruments. To finish, we spent some time in the city centre and took a great deal of pictures from the Polispo hill. We made the most of our time!



- Thursday, 10th October

Italy is both pasta and art. We were lucky to visit a pasta factory in Gagniano. This city is famous for being known all over the world as the capital of the pasta. Obviously, we ate pasta to recover from these exhausting days! Then, we headed to Pompeya where we took a guided tour around the ruins of the city. We found out how people used to live before their houses were buried by the Vesubio river.



- Friday, 11th October

It was a busy day for everyone. It was time to tune, warm up the voice and do our best in the mobility-end party. After many rehearsals and much effort, we needed to pull our weight, and our 'European students' could not have done it better!

All good things come to an end, and our hosts (I.C. Carducci-King de Casoria) prepared a good dinner for us with opera included. After giving diplomas, it was time for farewells...



- Saturday, 12th October

Our travel ends in Casoria within the Erasmus + TRUE project. We say good-bye to those who have embraced us in such a warming way that we have felt like being at home.



UNITED KINGDOM: Leicester (2nd-9th February 2020).

- Sunday, 2nd February

This is our fifth mobility within the TRUE Erasmus project. The journey was great, and our host families were waiting for us at the Martyrs Catholic School. Thanks to Marius and Alice Lee for their attention.



- Monday, 3rd February

Today is the first day of our Erasmus TRUE. We've been visiting the English Martyrs, we've met each other, we've learnt a lot about the educative system in England and they also gave an entertaining concert to welcome us. Later, we've taken a guided tour to know the Harry Potter Studios. It's been a magical day!



- Tuesday, 4th February

We got up early and we set off on our trip to London. After a traffic-jam to get into the city, we visited the British Museum where we learnt about the Ancient Greece with the teacher Julia Muriedas. If only we could have stayed longer! Abbey Westminster was our next landmark, with Newton, Shakespeare, Eleanor of Castile, Jane Austen and Stephen Hawking (amongst others). We had dinner at the Hard Rock in Picadilly. It was an unforgettable experience!



- Wednesday, 5th February

We began to prepare our performances for the end of the mobility party and we also planted a commemorative tree. We were excited to visit the Montfort University. There, we learnt a lot about cooperative work. The Church of St Mary of Castro is the oldest in the city and the acting centre of King Richard III was fabulous.

The Lord Mayor of Leicester welcomed us in the City Hall, and we had tea at 5 with our families. It was an actual British day!

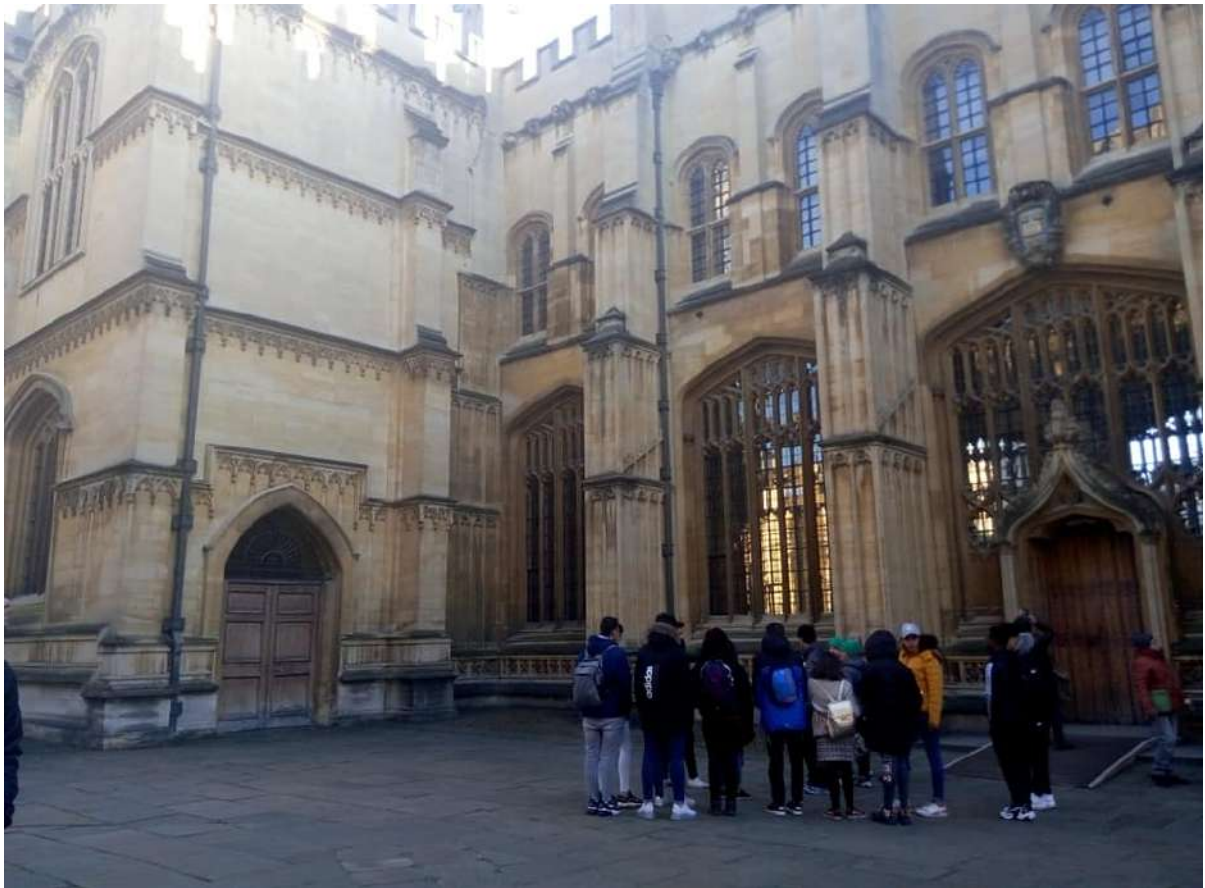




- Thursday, 6th February

There's nothing more inspiring for our students than sightseeing the town of Oxford. We stopped to see the Blemheim Palace, where W. Churchill was born. After, we visited the Trinity College and walked around the city. Once again, we found out a lot about history!





Friday, 7th February

Our Erasmus TRUE Leicester trip comes to an end. Rehearsals, workshops and a good-bye concert. The Assembly Hall of the school, fitted with high-tech devices, is awesome. We were able to play a Thai gamelan. The school facilities are extraordinarily impressive! Last days are usually exciting, to a large extent because of farewells. We all were grateful!

